

# Visualisation

**V**isualisation is a technique for developing innovative ideas by creating a mental image of possible solutions to problems.

**W**hat's important is that you are able to create a clear image of all the possible options, in each case allowing the 'picture' to see the solutions through to resolution.

**T**ry to capture what you have visualised on paper, perhaps as a mind-map or word picture, and use this as a source of motivation to implement your chosen solution.

